



Global Network Week Oct. 2025, IE Business School

Holistic Leadership: From Purpose to Impact

	MONDAY, OCT. 13	TUESDAY, OCT. 14	WEDNESDAY, OCT. 15	THURSDAY, OCT. 16	FRIDAY, OCT. 17
Location		<i>María de Molina, 31 (Room TBC)</i>		<i>IE Tower TBC</i>	<i>María de Molina, 31 (Room TBC)</i>
	Leadership Vision built on Values & Purpose	Building Resilience through Strengths	Focus & Healthy Habits	Leading Authentically	Key Drivers of Sustained Well-being
8:00 - 8:30	Welcome Coffee <i>(Launchpad - ground floor TBC)</i>				
8:30 - 9:00	Welcome Remarks				
9:00 - 10:20	Positive Emotions for Well-being and Resilience <i>Mar Hurtado de Mendoza</i>	Leading Self through Character Strengths <i>Eva Herber</i>	The Science of Attention <i>Stephanie Reina</i>	The Neuroscience of Human Connections <i>Marcos Cajina Ph.D.</i>	Unconscious Bias & Uncertainty in Decision-making <i>Leticia Martínez</i>
10:20 - 11:00	Coffee break: Refueling and building connections <i>(Launchpad - ground floor TBC)</i>				
11:00 - 12:20	Ice-breaker: Making Meaningful Connections <i>Irene Yagüe</i>	Psychological Safety for Trust <i>Eva Herber</i>	Digital Habits for Improved Focus & Connection <i>Stephanie Reina</i>	Connection, Empathy & Relationships <i>Marcos Cajina Ph.D.</i>	Critical Thinking <i>María José Ferrari Ph.D.</i>
12:20 - 12:50	Mindfulness - <i>María Fernández Sabau</i>				
12:50 - 14:30	Lunch <i>(on own)</i>				
14:30 - 15:00	Teamwork*				
	VITALITY STREAM				
15:10 - 16:30	Leadership Vision: Values & Purpose <i>Rodrigo Aguirre</i>	The Impact of Sleep <i>Lisa Bevill</i>	Nutrition for Optimal Brain Performance <i>Daniel de la Serna</i>	Building Balance to Enhance Strength (Work out session @IE Tower Athletic Center) <i>Daniela Hervella</i>	Final Team Presentations and Closing remarks <i>Lisa Bevill</i>
17:30 - 19:00					
19:00 - 21:00	19:00 Welcome Cocktail at Abascal Restaurant				
21:00 - 23:00			19:30 Flamenco show at Teatro Flamenco Madrid		

This is a draft, could be subject to changes.