

Holistic Leadership: From Purpose to Impact

	MONDAY, JUN. 16	TUESDAY, JUN. 17	WEDNESDAY, JUN. 18	THURSDAY, JUN. 19	FRIDAY, JUN. 20
Location	IE Tower				
	Vision & Purpose	Building Resilience	Focus & Healthy Habits	Authentic Communication	Application & Commitment
8:00 - 8:30	Welcome Coffee				
8:30 - 9:00	Welcome Remarks				
9:00 - 10:20	Positive Emotions for Well-being and Resilience <i>Lisa Bevill</i>	Self-Awareness and Subconscious Communication <i>Menno Bakker</i>	The Science of Attention <i>Juan Luis Ramón</i>	Leading Self Through Character Strengths <i>Eva Herber</i>	Cisco Case Study: A New Way of Leading <i>Mario Sebastián</i>
10:20 - 11:00	Refueling and building connections break				
11:00 - 12:20	Ice-breaker: Making Meaningful Connections <i>Irene Yagüe</i>	Leading Through Authenticity <i>Menno Bakker</i>	Productive Habits <i>Juan Luis Ramón</i>	Psychological Safety for Trust <i>Eva Herber</i>	Ownership in my Leadership Development Design <i>Juan Luis Ramón</i>
12:20 - 12:50	Mindfulness - Gonzalo Llanes				
12:50 - 14:30	Lunch (on own)				
14:30 - 15:00	Teamwork*				
	VITALITY STREAM				
15:10 - 16:30	Leadership Vision: Values & Purpose <i>Juan Luis Ramón</i>	Nutrition for Performance <i>Daniel de la Serna</i>	The Impact of Sleep <i>Lisa Bevill</i>	Building Balance to Enhance Strength <i>(Work out session @IE Tower Athletic Center) Daniela Hervella</i>	Final Team Presentations and Closing Remarks <i>Juan Luis Ramón</i>
19:30 - 21:30	19:00 Welcome Cocktail		19:30 - Flamenco show		

Subject to slight changes. Participants will be informed in the event of any schedule adjustments.