



# Global Network Week Oct. 2024, IE Business School



## Holistic Leadership: From Purpose to Impact

	MONDAY, OCT. 14	TUESDAY, OCT. 15	WEDNESDAY, OCT. 16	THURSDAY, OCT. 17	FRIDAY, OCT. 18
Location	<i>María de Molina, 31</i>	<i>María de Molina, 31</i>	<i>María de Molina, 31</i>	<i>María de Molina, 31</i>	<i>IE Tower (Room XXX)</i>
	Leadership Vision Built on Values & Resilience	Leading with Inner Strength	Attention & Connection: The Habits We Create	Holistic Ownership	Key Drivers of Sustained Well-being
8:00 - 8:30	Welcome Coffee <i>(Launchpad - Ground Floor)</i>				
8:30 - 9:00	Welcome Remarks				
9:00 - 10:20	Positive Emotions for Well-being and Resilience <i>Lisa Bevill</i>	Self-Awareness and Subconscious Communication <i>Menno Bakker</i>	The Science of Attention <i>Juan Luis Ramón</i>	Nutrition for Performance <i>Daniel de la Serna</i>	Building Balance to Enhance Strength <i>(Workout session @IE Tower Athletic Center)</i> <i>Daniela Hervella</i>
10:20 - 11:00	Coffee Break: Refueling and Building Connections <i>(Launchpad - Ground Floor)</i>			Coffee Break <i>(Location in IE Tower TBD)</i>	
11:00 - 12:20	Leading with Values & Purpose <i>Jill Paine</i>	Leading through Authenticity <i>Menno Bakker</i>	Productive Habits <i>Juan Luis Ramón</i>	Cisco Case Study: A New Way of Leading <i>Mario Sebastián</i>	The Impact of Sleep <i>Lisa Bevill</i>
12:20 - 14:00	Lunch <i>(on own)</i>				
14:00 - 14:30	Teamwork*				
14:30 - 15:00	Mindfulness - <i>Rodrigo Aguirre</i>				
15:10 - 16:30	Leadership Vision <i>Jill Paine</i>	Leading Self through Character Strengths <i>Eva Herber</i>	Authentic and Compassionate Connection <i>Ellen Buckland</i>	Ownership in my Leadership Development Design <i>Juan Luis Ramón</i>	Final Team Presentations and Closing remarks <i>Juan Luis Ramón</i>
17:30 - 19:00					
19:00 - 21:00	19:00 Welcome Cocktail				
21:00 - 23:00			19:30 Flamenco Show		

*This agenda is subject to slight changes.*

\*Workgroup rooms: **María de Molina Campus:**  
**IE Tower:**